

SE RUEGA EN HORARIO DE CLASE NO LLAMAR AL TIMBRE. GRACIAS POR LA COMPRENSIÓN

Hora	Lun	Mar	Mie	Jue	Vie
10:00 AM					
15					
30					
45	<b>PILATES</b>		<b>PILATES</b>		<b>YOGA INTEGRAL</b>
11:00 AM	10:30 A 11:30		10:30 A 11:30		10 A 12
15					
30				<b>PILATES</b>	
45					
12:00 PM	<b>YOGA</b>		<b>YOGA</b>	11:30 A 12:30	
15	11:45 A 13		11:45 A 13		
30					
45					
1:00 PM					
4:00 PM					
15					
30					
45					
5:00 PM					
15					
30	<b>PILATES</b>		<b>PILATES</b>		
45					
6:00 PM	17:30 A 18:30	<b>YOGA</b>	17:30 A 18:30	<b>YOGA</b>	
15		17:45 A 19		17:45 A 19	
30					<b>YOGA INTEGRAL</b>
45					18 A 20
7:00 PM	<b>YOGA</b>		<b>YOGA</b>		
15	19 A 20:15		19 A 20:15		
30		<b>PILATES</b>		<b>PILATES</b>	
45		19:15 A 20:15		19:15 A 20:15	
8:00 PM					
15					
30	<b>PILATES</b>		<b>PILATES</b>		
45	20:30 A 21:30	<b>YOGA</b>	20:30 A 21:30	<b>YOGA</b>	
9:00 PM		20:30 A 21:45		20:30 A 21:45	
15					
30					
45					

